

HRSA-14-066 Advanced Nursing Education Grant

Collaborative Coaching for Self-Management of Multiple Chronic Conditions

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Project Title: Collaborative Coaching for Self-Management of Multiple Chronic Conditions

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The George Washington University (GW) School of Nursing (SON) is requesting support for the development of a program entitled Collaborative Coaching for Self-Management of Multiple Chronic Conditions (CCSM-MCC). This support will enhance the existing curriculum and increase opportunities for interprofessional educational experiences for GW SON's graduate nurse practitioner (NP) students enrolled in family, adult/geriatric and palliative care nurse practitioner concentrations within the master's doctor of nursing practice and certificate programs. This will, in turn, increase the numbers of providers that have been educated in how to participate effectively in interprofessional teams, with a focus on the management of patients with multiple chronic conditions. Through its web-based distance education programs, the GW SON can bring graduate education to nurses working and living in underserved communities nationwide. This program makes it possible for nurses to advance their education without leaving their communities, and to continue to build their expertise within these communities and ultimately contribute to workforce development wherever they live.

The project has two overarching goals:

1. Develop, evaluate and disseminate a library of open access educational resources (OERs) for NP and other health professional students focused on collaborative coaching to build self-management skills in individuals with multiple chronic illnesses.
2. Develop, implement and evaluate interprofessional clinical experiences where GW NP students can work with other health professional students to care for individuals with multiple chronic illnesses.

The GW SON will develop educational opportunities designed to enable NP students to care for individuals with multiple chronic conditions (MCC) within an interprofessional education framework. NP students will learn with other graduate health professional students through online education and/or clinical learning experiences to develop the knowledge, skills and attitudes (KSAs) needed to collaborate effectively with other health professionals to promote self-management among patients with MCC. With a national focus, all coursework is offered through distance learning, enabling students to pursue a high-quality degree wherever they reside, thereby allowing students in rural or urban settings to have access to education. Furthermore, by emphasizing clinical experiences in interprofessional practice settings, students will receive direct, hands-on education tailored to the populations they will serve in their communities. The graduate program will provide nursing students with greater opportunities to fill roles in primary care, palliative care and nursing education. As such, the GW SON is requesting a funding preference, based on the fact that the proposed project will substantially benefit underserved populations.